

Fill out an Emergency Plan Card for each person in your family and keep it in a wallet or purse and make a copy for your grab-n-go bucket.



## Your Emergency Plan

### PERSONAL INFORMATION

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Primary Phone \_\_\_\_\_

### DOCTOR AND MEDICAL INFORMATION

Doctor \_\_\_\_\_  
 Phone \_\_\_\_\_  
 1. Medication \_\_\_\_\_ Dosage \_\_\_\_\_  
 Pharmacy \_\_\_\_\_ Rx # \_\_\_\_\_  
 2. Medication \_\_\_\_\_ Dosage \_\_\_\_\_  
 Pharmacy \_\_\_\_\_ Rx # \_\_\_\_\_  
 3. Medication \_\_\_\_\_ Dosage \_\_\_\_\_  
 Pharmacy \_\_\_\_\_ Rx # \_\_\_\_\_  
 Allergic to \_\_\_\_\_

### EMERGENCY PLAN

Primary Contact \_\_\_\_\_  
 Phone # \_\_\_\_\_  
 Primary Meeting Place \_\_\_\_\_  
 Secondary Meeting Place \_\_\_\_\_

Out-of-Area Contact \_\_\_\_\_  
 Out-of-Area Phone \_\_\_\_\_

### CAREGIVER

Name \_\_\_\_\_  
 Phone # \_\_\_\_\_

## 4 Carry your Emergency Plan Card with out-of-area contact

Use the Emergency Plan card to your left so you will have all your important information with you at all times. This is an essential step in being prepared for a disaster.

### Important note

Choose an Out-of-Area Contact Person for your family who is far enough away that they won't be impacted by the same disaster.

## 5 Sign up for ALERTS

Pierce County ALERT is an emergency notification system designed to alert residents and businesses in Pierce County of emergency events and other important notices.

Don't miss out. County Officials cannot send emergency alerts to your cell phone unless you register with Pierce County ALERT. Opt-in to Pierce County ALERT today. The easiest method is to visit the Pierce County website at [www.piercecountywa.org/ALERT](http://www.piercecountywa.org/ALERT). Click the Pierce County ALERT button located on the website homepage.

For more information

253.798.6595



## Emergency Resources



**Pierce County**  
[www.piercecountywa.org/PREPARE](http://www.piercecountywa.org/PREPARE)  
 253.798.6595

**Disaster Ready Washington**  
[www.disasterreadywashington.us](http://www.disasterreadywashington.us)

**Federal Emergency Management Agency**  
[www.Ready.gov](http://www.Ready.gov)  
 1.800.621.3362

**American Red Cross Safe and Well**  
[www.safeandwell.communityos.org](http://www.safeandwell.communityos.org)

# WHAT'S ON YOUR BUCKET LIST?



Follow this 5-step plan now so you can act fast and respond quickly.

Keep essential supplies in an easy grab-n-go container.

Store it near an exit door in your home or in the trunk of your car.



[www.piercecountywa.org/PREPARE](http://www.piercecountywa.org/PREPARE)



[www.facebook.com/PierceCountyDEM](https://www.facebook.com/PierceCountyDEM)



253.798.6595



[www.twitter.com/PierceCo](https://www.twitter.com/PierceCo)

# 1 Have your Grab-N-Go kit ready

For a quick evacuation, store the following supplies (for 2-3 days) in a 5-gallon bucket with lid or other container such as a back pack.



# PREPARE YOUR EMERGENCY KIT NOW.

## 2 Additional supplies

Expand your supplies to last for 14 days for all family members.

### + Add quantities:

- ✓ Water (1 gallon of water per day for cooking, drinking, and sanitation.)
- ✓ Food
- ✓ Personal care items
- ✓ Batteries
- ✓ Trash bags

### ✂ Add supplies:

- ✓ First aid kit and guide
- ✓ Tools
- ✓ Shelter in place kit (plastic sheeting and duct tape)

### 👍 Nice to have:

- ✓ Tents and/or additional tarps
- ✓ Cooking stove and fuel
- ✓ Portable heater
- ✓ Generator

### 🚗 For your car:

- ✓ Car emergency equipment such as jumper cables, flashlight, flares, and "HELP" signs
- ✓ Shovel and kitty litter or sand
- ✓ Keep gas tank at least half full at all times!

### 🐾 For your animals:

- ✓ Food and water
- ✓ Leash and tags
- ✓ Photo
- ✓ Medications

## 3 Know what to do in a disaster

- ✓ Drop, Cover, & Hold during an earthquake!
- ✓ Check for damaged utility lines. ONLY shut off gas if you detect a gas leak. Evacuate, leave doors open, then report to authorities.
- ✓ Shut off water at house to protect your supply from a negative drain.
- ✓ Check for injuries and give first aid.
- ✓ Only call 9-1-1 for serious injuries or life threatening situations
- ✓ Check on your neighbors.
- ✓ Monitor TV, radio, and social media for emergency information



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### INSURANCE INFORMATION

Home Policy # \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Life Policy # \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Medical Policy # \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Dental Policy # \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Auto Policy # \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Other \_\_\_\_\_ Policy # \_\_\_\_\_  
 Phone \_\_\_\_\_

FOLD

FOLD

FOLD

### OTHER IMPORTANT PHONE NUMBERS

Power \_\_\_\_\_ Gas/Oil \_\_\_\_\_  
 Water \_\_\_\_\_ Sewer \_\_\_\_\_  
 Name \_\_\_\_\_ # \_\_\_\_\_  
 Name \_\_\_\_\_ # \_\_\_\_\_  
 Name \_\_\_\_\_ # \_\_\_\_\_  
 Name \_\_\_\_\_ # \_\_\_\_\_

### HOW TO GET INFORMATION

**All Hazard NOAA Weather Radio with Public Alert with SAME capability**

- 162.475 Central and West
- 162.550 West and North West

**Regional Emergency Alert News**

- KIRO 97.3 FM • KGHP FM 89.3, 89.9, 105.7
- KOMO 1000 AM

**Pierce County Emergency Information**

- 1580 AM (For the Puyallup Valley)

**Pierce County Department of Emergency Management Blog**

- [www.piercecountywa.org/DEM](http://www.piercecountywa.org/DEM)